



**Road Safety Authority Annual Academic Road Safety  
Lecture  
'Fatigue, Sleep Disorders and Driving Risk'  
Dublin Castle: George's Hall  
Monday, 6 October 2014**

*\*Registration from 10.30am*

Chair: Michael Rowland, Director of Road Safety, Research and Driver Education, Road Safety Authority

**Agenda**

11.00am           **Ms Moyagh Murdock**  
Welcome address

11.15am           **Mr John Dixon**  
Personal story on sleep apnoea (Video)

**SESSION 1**

11.20am           **Professor Walter McNicholas, Director, Pulmonary and Sleep  
Disorders Unit, Newman Professor, University College Dublin, St.  
Vincent's University Hospital**  
*"Sleep Apnoea, Sleepiness and Driving Risk"*

**SESSION 2**

11.50noon       **Ms Ellen Townsend, Policy Director, European Transport Safety  
Council (ETSC)**  
*"An EU perspective on fatigue as a risk factor for professional drivers"*

12.10noon       **Ms Velma Burns, Research Manager, Road Safety Authority**  
*"RSA recommendations for managing fatigue"*

12.15pm           **Questions and Answers Session**

12.25pm           **Minister Paschal Donohoe TD**  
Closing remarks

12.35pm           **Thank you and Close**  
Lunch served in the Round Room

## Directions to George's Hall, Dublin Castle



Walking into the upper courtyard from the lower courtyard through the main arch, walk straight ahead to the blue archway at the very top of the courtyard. The smaller blue door on the right is the main entrance to George's hall and will be signposted clearly.

Please note there is no parking available at Dublin Castle. There are a number of public car parks nearby. The nearest is Parkrite Christchurch Carpark, which is located in Werburg Street. For public transport, Dublin Castle is served by Dublin Bus routes 77a, 56a and 49.

